

# Spring Cleaning Tips

(NAPSA)—To ease cleaning, the Institute of Inspection, Cleaning and Restoration Certification (IICRC) offers the following tips:



- Develop a task list.
- Clean carpets, upholstery, draperies and even your mattress.
- Clean oven, refrigerator and other appliances.
- Clean fireplaces.
- Wash inside of windows.
- Wash woodwork.
- Clean out cupboards and closets.
- Change HVAC filters.
- Clean efficiently. Avoid going back and forth around a room. Instead, work using a systematic approach. Think in terms of left to right, top to bottom. Begin with ceilings and walls, and work your way down to windows and furniture, finishing with the floors.
- Hire cleaning service providers. For those tasks that require a specialist (i.e. carpet, upholstery and hard flooring cleaning), hire only certified professionals. IICRC provides a consumer referral service of trained and certified cleaning and restoration firms and technicians. Before hiring anyone, confirm he or she is trained and certified in the type of work to be performed, informally interview the company representative or technician, obtain a written estimate of the work to be completed, and receive a written contract or invoice confirming the total price and any statements or guarantees.

Developing a plan of action and hiring certified cleaning professionals may make cleaning more of a breeze.

To locate an IICRC-certified firm or technician nearby, call (800) 835-4624, or visit [www.iicrc.org](http://www.iicrc.org).