

Technology Improving Lives

Staying Connected

(NAPSA)—With work, school and extracurricular activities jostling for space in our hectic lives, it can be difficult to stay organized. Here are some technology tips for families on the move:

- **Be smart.** Want to make the soccer game or dance practice? Untether yourself. Use a smartphone to text, e-mail or surf the Web, fieldside.

- **Make a date.** Call family and friends on scheduled days.



You don't have to be a technology wizard to make electronics work for you.

Enhance the interaction with a videophone or PC camera for an added personal touch.

- **PC security.** Don't let a malicious attack destroy your systems. Work with a vendor to make sure you have the right protection—so you don't lose data or, perhaps more important, time. And be sure the right filters and safeguards are in place to protect young Web surfers.

Fortunately, there are services, such as those offered by HiWired, that offer advice on setting up and managing devices, as well as updating, integrating and troubleshooting any problems. So check one more thing off your busy schedule and get on with life.

For more information, go to www.hiwired.com.