

Romantic Getaways

Vacations That Help Couples Reconnect

(NAPSA)—Overworked? Tired? Juggling work and the kids? No time for romance? You're not alone.

According to a recent survey, the majority of couples said that if they were given some extra time to do something romantic, they'd take a vacation. And a vacation that allows them to disconnect from the world and just spend time together, such as a cruise, was a top choice.

Based on the survey, it appears most American couples are in desperate need of a romantic getaway. Nearly a third of married respondents reported that they don't say "I love you" on a regular basis or make time for romance in their daily lives.

What's the most common cause for this lack of romance? Not surprisingly, that reason is work. Both married couples and those dating cite work as the main reason for their lack of amore.

According to Trish McDermott, Vice President of Love for Engage.com, too many couples save romance for special occasions, like birthdays, anniversaries and Valentine's Day.

"The key to keeping romance alive all year is to incorporate it into your daily life," she says. "And not by giving gifts, but through meaningful actions, like saying 'I love you,' or suggesting a date night or romantic getaway."

She also said that couples really need to disconnect—from work, their computers, the phone, kids and family—in order to reconnect. "Making time for each other is essential, so you can remember why you fell in love in the first place."



A romantic getaway can help couples reconnect and remember why they fell in love.

To inspire romance, companies such as Princess Cruises—the "Love Boat" line—are creating romantic programs both onboard and online. Princess recently rolled out a new section of its Web site, www.princess.com/romance, dedicated to romance. It features tips and articles by the line's Department of Romance experts, which include Trish McDermott, as well as couples therapist Dr. Ruth Westheimer, former "Love Boat" captain Gavin MacLeod and destination wedding planner Lisa Light.

Additionally, an onboard package, Romance by Room Service, features chilled champagne, chocolate-covered strawberries, flameless scented candles, rose petals strewn across your bed, massage oil and romantic music delivered to your cabin. Intimate balcony breakfasts and dinners are also available and the line's newest ships feature a relaxing, tranquil Sanctuary with luxurious recliners, a spa menu and a tented area for couples' massages.

For details, visit www.princess.com or a travel agent.