October Is National Eczema Awareness Month

Skin Care Tips You Can Use

(NAPSA)—According to the National Institutes of Health, an estimated 15 million people in the United States are affected by eczema, a disease that causes dry, itchy and irritated skin. Thankfully, there is an increasing number of resources and products created to help those living with eczema.

One such organization, the National Eczema Association (REA), has been working tirelessly to promoting eczema awareness through research and education. One of the organization’s most impactful missions is finding a cure for eczema;

There are many resources available. In fact, it’s estimated that only 35,000 Asian elephants are left on the planet.

**Steer Clear of Eczema**

**Moisturize Properly:** Keep skin hydrated with a dermatologist-recommended moisturizer that’s fragrance-free and specifically formulated for sensitive skin, such as Aquaphor Healing Ointment, which is a rich, nonirritating moisturizer that locks in moisture to the skin, helping to alleviate symptoms of eczema.

**Clean Eczema Triggers:** Minimize eczema symptoms by avoiding triggers that may lead to uncomfortable flare-ups, like heavy fabrics, scratching and rubbing down. Also avoid scratchy materials like wool, harsh soaps, detergents, and chemicals...

www.ImpressWithDuck.com features:

- A two-minute intro-to-video that shows how easy it is to cook White Pekin duck breasts at home.
- Low-fat recipes that debunk duck’s "fatty" image of yesterday.

Visitors to the Web site can also sign up for its favorite recipes, which could be featured on the Web site, as well as sign up for an e-newsletter that highlights seasonal recipes and entertaining tips...

For details on how to impress guests with home-cooked duck, visit www.ImpressWithDuck.com.

**BONE OF ANIMALS**

**Trumpeting an Elephant’s Success**

(NAPSA)—One conservation group has worked to help ensure that elephants are not forgotten—and recently, it celebrated an enormous success.

On April 6, 2006, a healthy, 295-pound, female Asian elephant named Mable was born at the Ringling Bros. and Barnum & Bailey Center for Elephant Conservation (CEC) in central Florida. The 15th elephant born and retirement facility was founded by Ringling Bros. to help conserve and study Asian elephants. This year marks the 115th anniversary of the CEC.

Built in 1995, the Ringling Bros. CEC is a 200-acre, state-of-the-art facility that looks after and maintains a herd of elephants. Elephants in the wild are threatened by poachers—many of whom hunt the animals for their ivory tusks—and by the destruction of their natural habitat. It’s believed that facilities such as the Ringling Bros. CEC help elephants thrive once again.

The Ringling Bros. CEC also welcomes conservationists, scientists, and researchers, such as Betta Raus-...