

News For New Moms

Look Fabulous Through Your Fourth Trimester

(NAPSA)—Having a baby is the most exciting time in your life, but your changing figure can be a challenge. The first few months of mommyhood are also known as the fourth trimester. Target designer partner Liz Lange offers tips on maternity fashion and looking good during the transition back into your pre-pregnancy clothing. With the right pieces, your look can be stylish and fit you just right.

- **Save**—Transitional times can be costly. There is no reason to break the bank when purchasing maternity and post-pregnancy clothing. Start with the basics and mix and match to pull together a comfortable and stylish look with ease. For great wardrobe options, visit www.Target.com.

- **Repurpose**—The fourth trimester is the perfect time to pull out those gently worn first trimester maternity clothes. The size is just right for the post-pregnancy transition. Update any look with an oversized leather belt or an obi sash cinched just above your natural waist. Pair a great top with jeans, leggings or tights and you'll be ready to hit the town.

- **Get cozy**—Chances are you will be spending a lot of time in casual clothes during your maternity leave. What's more casual and comfortable than a breezy short-sleeved T-shirt? This season, there are great long-waisted T-shirts with tailored shapes and sophisticated details. Pair them with your favorite pair of pregnancy jeans until you're back to your pre-pregnancy weight.

- **Wrap it up**—A wrap dress is your best friend during this transitional time for your body. They easily adjust around your midsection, are comfortable and make



With the right pieces, your post-pregnancy look can be chic and stylish and fit you just right.

every woman instantly chic. Pair with a fashionable handbag or necklace for a little extra flair.

- **Back in black**—Take advantage of the slimming effect of black clothes. Have nothing to wear for those summer parties? Basic black pants can be paired with a colorful or patterned top and matching accessories.

- **Accentuate the positive**—Right now, your midsection may not be the favorite part of your body. The best way to draw attention away from your tummy is to wear long flowy tops paired with skinny jeans and fitted skirts. Remember to hone in on your best features and show them off.

- **Celebrate**—Having a baby is a special time in your life. Don't forget to enjoy what you've accomplished. Plan a night out on the town.

You can find affordable and figure-flattering special occasion dresses from Liz Lange for Target on Target.com. During the fourth trimester, an A-line style maternity dress from your first trimester also works for a great fit.