

How To Keep From Going Bananas This Summer

(NAPSA)—For many kids, summer means days filled with TV shows, computer games, a little sunshine and a lot of R&R. Recent national studies have shown, however, that kids fail to retain much of the information they learned from previous school years because of a lapse during summer months.

If you're like most parents, the challenge is breaking the cycle of brain drain boredom with stimulating activities.

Going Bananas 101

Encouraging your child to create fun foods teaches them valuable lessons including:

- Proper measuring skills
- Safety
- Teamwork

Parenting experts say it's a good idea to make something that's colorful, relatively simple and encourages creativity.

So fight being bored with "boards." Banana skateboards made with Sugar In The Raw® turbinado sugar, are a healthful, fruity snack pleasing to the eye and the palate.

Sugar In The Raw is produced from the initial pressing of raw cane sugar so it has a golden brown-colored crunch with an old-fashioned caramel taste, excellent for adding texture to your treats!

So, whatever activities you choose remember this: the goal is to keep kids learning while making a few lasting memories along the way.

Banana Skateboards

Makes 2

- 1 (8-inch) flour tortilla**
- 2 tablespoons creamy peanut butter**
- 2 tablespoons grape jam**



Prevent being bored this summer with these banana "boards."

½ cup Sugar In The Raw® turbinado sugar

4 grapes

2 firm bananas

Tubes of colored decorating gel

Spread tortilla with peanut butter and jelly. Roll tortilla and cut into 4 "wheels" no larger than 1-inch wide. Use excess jam to coat the wheel. Roll each wheel in sugar. Insert a grape in the center of each wheel to maintain circular shape. Cut the banana in half lengthwise to create two long sections. Roll each banana section in sugar to coat all sides thoroughly. Place the wheels on a plate and sit the banana on top. Adjust the positioning of the wheels based on the length of the banana. Use colored gel to decorate skateboard top. Serve immediately.

For more creative kids' projects, request *Sweet Fun...Naturally!* Send a self-addressed stamped (\$.34 postage) business-size envelope to *Sweet Fun*, Brooklyn Premium Corp., 60 Flushing Avenue, Brooklyn, NY 11205. You can find additional recipes just for kids at www.sugarintheraw.com.