A new survey concluded that boaters are healthier and happier than non-boaters. The survey, conducted by the National Association of People Saving America (NAPSA), found that boaters are more likely to report better physical and mental health, as well as greater overall satisfaction with their lives.

The survey, which included more than 1,000 boat owners and non-boat owners, found that boat owners are more likely to report better physical and mental health. For example, boat owners were more likely to report better overall health (79% vs. 72%), better ability to enjoy life (90% vs. 85%), and better ability to feel happy (85% vs. 78%).

Boat owners were also more likely to report feeling better about their ability to cope with stress (84% vs. 77%), and they were more likely to report feeling better about their ability to make important decisions (83% vs. 75%).

In addition, boat owners were more likely to report feeling less stressed (78% vs. 72%), less anxious (78% vs. 72%), and less worried (78% vs. 72%).

The survey also found that boat owners were more likely to report feeling more satisfied with their lives (83% vs. 78%) and more satisfied with their jobs (78% vs. 72%).

Boat owners were also more likely to report feeling more satisfied with their relationships (82% vs. 77%) and more satisfied with their accomplishments (81% vs. 76%).

The survey also found that boat owners were more likely to report feeling more satisfied with their overall quality of life (80% vs. 75%).

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