

# Did You Know?

(NAPS)—The IRS offers an incentive to lower your tax bill when you save for retirement. For details and resources on this Saver's Credit, visit nonprofit Transamerica Institute and its Center for Retirement Studies at [www.transamericainstitute.org/SaversCredit](http://www.transamericainstitute.org/SaversCredit) or the IRS at [www.irs.gov](http://www.irs.gov).

Rain can do hidden damage to community infrastructure, but that can be prevented. The experts at Advanced Drainage Systems, a leading manufacturer of innovative stormwater products and services that deliver solutions for the most persistent and challenging water management problems, can help. Learn more at [www.adspipe.com](http://www.adspipe.com).

Now is the time to start planning your backyard for the season ahead. Visit your nursery, plant centers, outdoor power equipment service dealers, and/or contact a landscaper, according to the Outdoor Power Equipment Institute (OPEI). Learn more at [www.OPEI.org](http://www.OPEI.org).

Small daily choices can build good health habits. For example, updated COVID vaccines can restore protection that may have waned over time and keep you healthy to participate in activities you enjoy. For information about COVID vaccines and to find a vaccine near you, visit [vaccines.gov](http://vaccines.gov).

Protect yourself from vision loss with regular eye exams. People 65 or older concerned about eye disease and eye exam costs may be eligible for an eye exam with no out-of-pocket cost, through the American Academy of Ophthalmology's EyeCare America program. Learn more at [www.aaao.org/eyecare-america](http://www.aaao.org/eyecare-america).

Eating a balanced diet is important



for maintaining a healthy smile, just like brushing and flossing, said Dr. Gregory Theis, DDS, vice president of dental services at Delta Dental of Wisconsin. Learn more at [www.deltadentalwi.com](http://www.deltadentalwi.com).

To help consumers, there's now a single overriding standard for interoperable and secure smart home solutions. Imagine being able to use all your Google smart home devices with Siri or all your Samsung smart home devices with Alexa. For further facts, visit [www.digicert.com](http://www.digicert.com).

Kidney disease is a "silent disease." There are usually no symptoms during its early stages. For information on getting tested for chronic kidney disease (CKD) and kidney health, visit the National Institute of Diabetes and Digestive and Kidney Diseases (NIDDK) website at [www.niddk.nih.gov](http://www.niddk.nih.gov).

Even the cleanest home can harbor all sorts of indoor allergens. It can help to hire a National Air Duct Cleaners Association (NADCA) member through the online directory at <http://nadca.com/en/prosearch/all>. Their technicians have advanced training and certification in HVAC system cleaning. Learn more at [www.BreathingClean.com](http://www.BreathingClean.com).