

86 WORDS, 30 SECONDS

EYE ON HEALTH

THERE ARE MANY REASONS NOT TO SKIP ROUTINE EYE EXAMS. FIRST, RESEARCH SUGGESTS VISION LOSS CAN AFFECT YOUR BRAIN. PEOPLE WHO SCORED POORLY ON VISION TESTS WERE MORE LIKELY TO SUFFER MEMORY DEFICITS. ALSO, GLAUCOMA AND AGE-RELATED MACULAR DEGENERATION CAN BEGIN WITHOUT SYMPTOMS. AND EYE DOCTORS MAY BE THE FIRST TO DIAGNOSE SYSTEMIC DISEASES SUCH AS DIABETES, STROKE RISK OR MULTIPLE SCLEROSIS. IF COST IS A CONCERN, THE AMERICAN ACADEMY OF OPHTHALMOLOGY'S EYE-CARE AMERICA PROGRAM OFFERS FREE EYE CARE TO ELIGIBLE SENIORS. LEARN MORE AT E-Y-E-CARE-AMERICA--DOT--ORG.