

## NEWS FOR OLDER AMERICANS

ALTHOUGH MOST OLDER ADULTS WANT TO LIVE IN THEIR HOMES AND COMMUNITIES FOR AS LONG AS POSSIBLE, MOST HOMES WEREN'T BUILT TO SUPPORT THE MOBILITY, SENSORY AND COGNITIVE CHANGES THAT CAN ACCOMPANY AGING. FORTUNATELY, THERE ARE SOLUTIONS. FOR EXAMPLE, KEEP THE FLOOR CLEAR OF CLUTTER. GET GOOD LIGHTING ESPECIALLY ON STAIRS AND IN HALLWAYS. CONSIDER INSTALLING A STAIR LIFT OR RENOVATING THE BATHROOM. BUT MANY PEOPLE LOOKING TO MODIFY THEIR HOMES DON'T KNOW WHERE TO TURN FOR ADVICE OR ASSISTANCE—OR EVEN WHAT MODIFICATIONS THEY NEED. THAT'S WHERE THE ELDERCARE LOCATOR, A PUBLIC SERVICE OF THE U-S ADMINISTRATION FOR COMMUNITY LIVING, COMES IN. IT CONNECTS OLDER ADULTS AND CAREGIVERS ACROSS THE COUNTRY TO AREA AGENCIES ON AGING AND OTHER RESOURCES—THAT CAN HELP DETERMINE WHAT NEEDS TO BE DONE, HOW TO FIND A CONTRACTOR TO DO IT AND LOOKING FOR WAYS TO PAY FOR IT ALL—THAT CAN HELP ENSURE THEIR HOMES MEET THEIR NEEDS. THERE'S EVEN A HELPFUL BROCHURE: "MODIFYING YOUR HOME FOR HEALTHY AGING." LEARN MORE FROM THE ELDERCARE LOCATOR AT [ELDER-CARE--DOT--A-C-L--DOT--GOV](http://ELDER-CARE--DOT--A-C-L--DOT--GOV).